

Atacama desert runner

A Answer these questions with reference to the context.

1 'This Marathon is organised by the 'Racing the planet' a Sporting event management company headquartered in Hong Kong. and is widely recognised as the most prestigious outdoor series in the world.'

a Which Marathon is being talked about here? Where is it held?

Ans Atacama cross racing is being talked about here. It is held in Chile .

b What is the total distance covered in this Marathon?

Ans It covers a total distance of 250 km.

c What is the ultimate objective of this Marathon?

Ans the ultimate objective of this Marathon is to Foster greater understanding between diverse cultures and nationalities.

2 'The feeling of elation and Pride I felt is indescribable'

a Who is 'I' here?

Ans 'I' here is Sumanth Kidambi.

b What do you understand by the word 'elation'.

Ans Elation means great happiness and excitement.

c Why did 'I' have the feeling of elation and Pride?

Ans because he won the most difficult marathon race as a first Indian to take part in it.

B Mark the statements as true or false. 1 Mawsynram is the driest place on Earth. False

2 The Atacama crossing race is organised by racing the earth. false

3 Kidambi took up running after being diagnosed with diabetes. True

4 Kidambi and KAKDE were the first Indians to compete in the Atacama Ultra Marathon. True

5 The competitors safely crossed through the minefield with the help of glow sticks. True

C Answer these questions.

1 What makes the Atacama crossing Marathon a very challenging one?

Ans The entire race covers a distance of 250 km at altitudes between 1600 to 3000 mts on the course, here daytime temperature can reach 45 degree Celsius while night time temperature may drop to 5 degree Celsius .

2 What motivated kidambi to join the race?

Ans After being diagnosed for diabetes he took to sports, at Mumbai half marathon Kidambi was jostling with other competitors at the starting line of Mumbai half marathon, this motivated Kidambi to join the race.

3 *What kind of terrain* did the marathoners have to face?

Ans marathoners have to face the most difficult terrains like sand dunes Rocky climbs where mountains canyons volcanoes etc .

4 *The* participants were from different races religious and nationalities how do you know this?

Ans *When Kidambi* completed the race he came to know that there are 87 other competitors from different countries across the world.

5 Why did Kidambi feel like giving up? what helped him to stay focused?

Ans At the 5th stage of race he felt like to give up the race, because it involved 73.6 km run and added to this his sore feet increased agony. Even his meals were not proper. But his Positive Thinking helped him to stay focused.

6 Why was a safe route marked out by glow sticks?

Ans Chile and Argentina had border disputes at that time so the *Army* put land mines along border areas. *Unfortunately* the race included this area so, for the safety of runners a safe route was marked with glow sticks.

7 Was it a kind thing to suggest to the runners that the glow sticks might have been moved?

Ans No, This was not a kind thing at all. It only increased the distance that the runners have to run now.

8 Why does Kidambi say 'being first was nearly and optional extra'?

Ans *Kidambi* wanted to finish the most difficult race on the planet but he came first this was an optional extra for him.

Expand words

1 Make the bed

2 Do the ironing

3 Make a promise 4 Make progress

5 Make money

6 Make a Discovery

7 Do good

8 Do your chores

9 Make your hair

10 Make a mistake

11 Make a phone call

12 Do business

13 Make a noise

14 Do the accounts

15 Do your homework

Grammar

Determiners

A we have already learnt that determiners can be categorised into 7 groups can you write the type of determiners for each set of words given below.

1 a, an, the articles.

2 what, which, whose, interrogatives.

3 this, that, these, those demonstratives.

4 each, every, either, neither, distributives.

5 you, your, his, her, your, possessives.

6 first, third, 1,2, number.

7 a few, a little, some, any, enough, Quantifiers .

B In each of these lines a determiner is missing put a / where the determiner should appear and write the missing determiners in the blanks.

Strolling near my guest house this evening. I heard some unfamiliar sound wafting through the trees. as the sounds grew louder, My heart beat faster and I rushed along to find the Bihu dancers dancing in beautiful costumes. But Bihu season was over, I thought this to myself, as I peered into the background backyard of my house which was beautifully decorated. A little girl saw me and took me into her house where I saw one of the most beautiful hand woven wall hangings.

C Fill in the blanks. 1 I will lend you my new bike if you lend me your video game.

2 I would like to buy some exotic fruit. can you tell me where I should go?

you can go to any Supermarket.

3 Which of these books Have you read?

I have read some book actually.

4 On some mornings, I go out for a brisk walk in the park.

D Fill in the blanks

1 Whose watch is this?

2 What colour is its strap?

3 The first speaker was more dramatic than the second .

4 Don't spend too much time on that question it carries the least marks.

5 There are only a few children present today; too little students to start a new topic .

E Fill in the blanks 1 My mother goes to the office by metro.

2 A post office is near our house.

3 Could you pass me the strawberry jam please?

4 He is always looking for an excuse to go out. 5 Many students were making noise in the class – few who wanted to study were getting disturbed.

6 When I was learning how to cycle, I was a little scared to ride. Now I know there is ___ little to fear.